

SuperVision

**Coaches, Consultants, Trainers, Teachers,
Health Practitioners, Youth and Social
workers, and Facilitators**

Online and Face to Face



For those in the helping professions, supervision provides an opportunity to gain a “meta-level” view of their practice. Many purchasers of coaching see this process as an indication of ethical practice.

SuperVision using the concepts of Transactional Analysis (TA) allows for a depth of insight and understanding which can be turned into action and immediate application. Supervision gives the supervisee a supported space to think, explore, account for themselves and others and identify options and make decisions in a robust and supported way.

Human beings discount – we often do not see what is obvious. It is easy to get into group-think with others – and when our manager is our supervisor, part of the same system, collective discounting can develop which may mean that vital signs are missed, leading to serious consequences.

Lynda Tongue is a Teaching and Supervising Transactional Analyst and there are a number of ways in which you can work with her in order to develop your practice.

One to one supervision

This is conducted face to face or online, and sessions are of one-hour duration.

TA Triads – small group supervision

Groups of 3 practitioners, seeking supervision online with the benefit of process review, which provides a rich learning experience, a deeper understanding of the theory and our own developmental progress. These sessions last for 90 minutes, individual supervision one to one with two people observing and learning, and then a short process review.

Group supervision

Conducted face to face during TA workshops, working one to one in a group and facilitating process reviews to enable deeper, richer learning.

www.trianglepartnership.com

www.lyndatongue.com

www.ta-tribe.com

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