Certified

Transactional

Analyst (CTA)

Developmental Transactional Analysis

Are you a coach or a trainer? Do you work in the care or youth sectors?

Are you looking for a group of like-minded helping professionals who value ethical working using the framework of Transactional Analysis?

Very few professional approaches are as rigorous as that for Transactional Analysis (TA).

Transactional Analysts are expected to develop a high level of self-awareness so that their own issues do not interfere with the needs of the client. We learn to analyse individual, group and organisational dynamics in order to maintain focus in our interventions.

The vast majority of professionals applying TA in the UK are those in the psychotherapy field. However, there are three other fields of application:

* Organisational
* Educational
* Counselling (non-therapeutic)

Lynda Tongue is one of a handful of consultants qualified in the UK in organisational TA. In order to achieve this Masters level qualification, Lynda undertook a rigorous programme of study and application, and then passed a written and oral exams to finally become a Certified Transactional Analyst (CTA – Organisational field).

The requirements are:

* Extensive experience of working in and with organisations large and small
* In-depth training at a recognised TA centre
* Accruing hours of supervision, professional application, attendance at national and international conferences
* A 24,000 word dissertation, the passing of which allows you to proceed to the next stage
* An oral exam where by a panel of Transactional Analysts test your analysing skills and determine whether you have achieved the standard necessary

This thorough process equips consultants to use TA ethically and competently in the organisational context. Clients benefit from the consultants ability to identify areas for attention and design interventions at the individual, team and organisational level.

**Lynda Tongue** is a Teaching and Supervising Transactional Analyst in the organisational field. She works with individuals and teams to enhance performance through training, coaching and supervision. She is Deputy Programme Director – MSc Professional Studies (DTA Coaching). More information available on request.